



International
Student
Semester
Update
Spring 23

A warm Welcome to Canadore College!



Dear Canadore College International Students,

The Canadore College International Student Semester Update has arrived!

This newsletter is sent out once at the mid-point of every semester by Canadore International to showcase elements that can help foster international student engagement and feelings of belonging, while simultaneously sharing useful information and guidance on a range of matters. We encourage you to look and share with your peers!

This semester's newsletter highlights a case study of international student career success, provides an overview of Canadore's Multiculturalism Day celebrations in July, identifies grocery and summer recreation options in North Bay and touches on who to turn to when advising and counselling support is needed.

We hope you will find this newsletter of value and encourage you to offer any feedback or comments you may have to international@canadorecollege.ca.

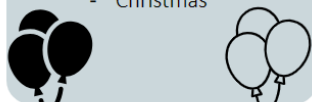
Best wishes to all for the remainder of the Spring 2023 semester!

Canadore International

International Student Engagement

Multicultural

- Lunar New Year
- Eid-al-Fitr
- CA Multiculturalism Day
- Hispanic Heritage Month
 - Diwali
- International Education Week / Student Appreciation
- Christmas



Programs

- Twinning Program
- Advisor Workshops
- Pre – Departure Orientation
- International Orientation
- Semester Updates

Workshops

Devant

- Building Your Network
- Revamping Your Resume
- How to Ace a Virtual Interview
- Finding a Job in Canada
- Perfecting your LinkedIn Profile
- Devant Career Café
- Live Immigration Q&A
- Post graduate workshops

Costi

- Transportation/Housing
- Health Care / Healthy Living
- Money & Personal Finances
- Culture and Spirituality
- Immigration Pathways
 - Community Participation/Recreation
- Child Care & Youth Legal Rights
- Consumer Awareness

How can you be engaged as an International Student at Canadore College?

Starting a new life in a foreign country far from your hometown can be difficult. As a result, Canadore International makes every effort to make a student feel at home away from home. From providing the student with accurate information on various settlement services such as housing, immigration guidance, and career development services to celebrating different cultures, we have it all here, such as:

Events: Canadore celebrates a wide variety of cultures with authentic music, art dance, food and clothing.

Career Development: Canadore has partnered with Devant to provide career support and employment information.

Settlement program: COSTI Immigrant Services is a community-based multicultural agency providing employment, educational, settlement and social services to all immigrant communities, new Canadians and individuals in need of assistance.

We encourage all international student learners to participate in all of the events hosted and upgrade their knowledge.

Upcoming event: COSTI Session on Youth on 28th of August

Events



Multicultural Events in the Past
DIWALI

Diwali Celebrations



Multicultural Events in the Past
LUNAR NEW YEAR

Lunar New Year



Multicultural Events
EID AL FITR

Eid Al - Fitr

Virtual Pre-Departure Orientation Session



Fall 2023 Pre-Departure Webinar

The Canadore International team hosted a pre-departure orientation session for international students via Zoom on **Friday, July 7th, 2023, from 8 a.m. to 9 a.m. EST**, over 400 students had participated.

The Pre-Departure Orientation session covered a wide range of topics such as – *What to expect while travelling to Canada, What to pack, Transportation, Sim Card, Banking, Housing, Registration* and so on.

All international students travelling to Canada were encouraged to participate as several key topics that would help be better prepared for travel/study in Canada were covered.

Please visit <https://www.canadorecollege.ca/get-started/orientation> to view the recorded pre-departure orientation sessions and for information on upcoming orientation sessions.

CANADORE INTERNATIONAL

Pre-Departure Orientation Session for International Students

Friday, July 7, 2023
8am - 10am
Via Zoom

Join as we touch on several key areas that will help international students be better prepared for travel/study in Canada.

The event will include an introduction to Canadore College and discussion on travel-related matters, accommodation, and registration.

Remainder: On 31st of August the international team will be hosting an In-Person Orientation session for students attending Fall 23 intake

Canadore Outbound Mobility Program

Canadore will prioritise international mobility for as many of its domestic students and personnel as possible. This includes both short-term and long-term international academic and non-academic exchanges, with a particular emphasis on underrepresented student groups (such as Indigenous students, students with disabilities, and low-income students).

Canadore College has numerous affiliations various institutions across the globe. As a regulated public institution in Canada with a keen interest in foreign collaborations, Canadore continues to seek advantageous international agreements.

A group of 12 Canadore College students and faculty members visited our long-standing partner in the Mexican state of Querétaro, Universidad Aeronáutica en Querétaro (UNAQ), at the end of April 2023. The students had a fantastic cross-border and cross-cultural learning experience that included both academic and non-academic components.



The above photo showcases the most recent cohort of Canadore College students who travelled on an outbound mobility program (April 2023).

International Student Housing

Canadore College wants all students to feel welcome and comfortable in their new home away from home. We recognize that finding a place to live in North Bay and Parry Sound may prove to be at times a challenge, and rental properties may be difficult to find.

Canadore College has sent special communication to all students relative to securing housing earlier this May. This information can be found on the college website -

<https://www.canadorecollege.ca/support/housing-message-2023>

It is imperative to secure a place to live before arriving. Give yourself ample time to find a suitable place to live. Take time to understand the area in which your campus is located. Housing options are already filling up in our region, the later you leave securing housing the more you are left with expensive and very limited options as the term approaches.

Canadore Residence:

If you are attending one of Canadore's North Bay Campuses, residence offers affordable apartment-style suites which are furnished and equipped with modern features to support you while you study. Living at Residence puts you in the heart of the College community and connects you to a range of resources designed to help you get the most out of your experience.

<https://www.canadorecollege.ca/canadore-residence>

Off Campus Housing: Rental listings are being posted frequently to **[Places4Students](#)**. Please continue to check the website regularly.

There are also housing options posted to **[Facebook Marketplace](#)**, **[Kijiji](#)**, and **[Rentseeker](#)**. Please search these websites regularly for new listings.

Canadore College wishes to make students aware that the rental scams are on the rise.

There is a detailed guidance on rental best practices to avoid scams. To know more detail on tips for avoiding scams please visit

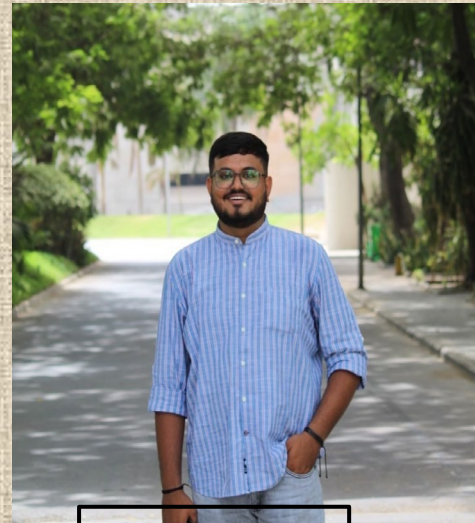
<https://www.canadorecollege.ca/support/housing/housing-north-bay/rental-guide>

If you need help, please reach out to **housing.support@canadorecollege.ca**

A Case Study of Career Success

It is crucial to establish a link between one's education and the labor market for career success.

Chinmay Patel, a Canadore College international student from the Winter 2023 (January) Intake studying Supply Chain Management at Commerce Court Campus, North Bay, has married his academics to his career by landing a position in the supply chain industry at Home Depot, North Bay.



Chinmay Patel

He built his resume and cover letter for the job with the help of the Canadore Centre for Career Development team and landed on a job in the field of his interest. He has found both academic and career success at Canadore College.

He is excited for his future and is grateful to Canadore College and Home Depot for this impressive career outcome.

Career Development and Employment Opportunities



Canadore International office recognizes the importance of career development of International Students. This is why Canadore College has partnered with **Devant**, an online platform and portal that provides tailored advice to International Student learners relative to resume, career development, making connections and so on.

Students are also encouraged to visit the **Centre for Career Development** at Canadore College for assistance in building resume and job searches.

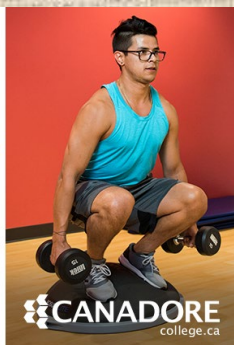
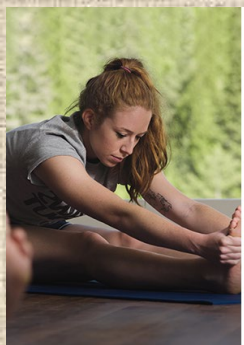
Canadore College is heavily invested in its students' development and success, offering assistance in any way possible.

Food and Recreation in North Bay



The immigrant population in North Bay has grown significantly. This brings with it a wide range of food styles in and around North Bay, there are numerous food outlets and restaurants including *Indian, Mexican, Italian, Lebanese, Japanese, Chinese* many other cuisines available.

We believe it is fair to say North Bay believes in eating healthy for a better lifestyle, which contributes to the city's growing number of food options. Freshco, Walmart, Independent grocers, and Spice Village are a few grocery stores that stock a wide variety of international groceries.



Sports clubs for students include cricket club, badminton club, squash club, swimming club, pickle ball club, and many more.

Summers in North Bay are unique and exciting. During the season, North Bay offers a variety of activities. There's a lot going on, on the North Bay waterfront, including music, dance, food, and fireworks.



There are numerous hiking trails, including the Duchesnay Falls hike, which is located directly behind the college.

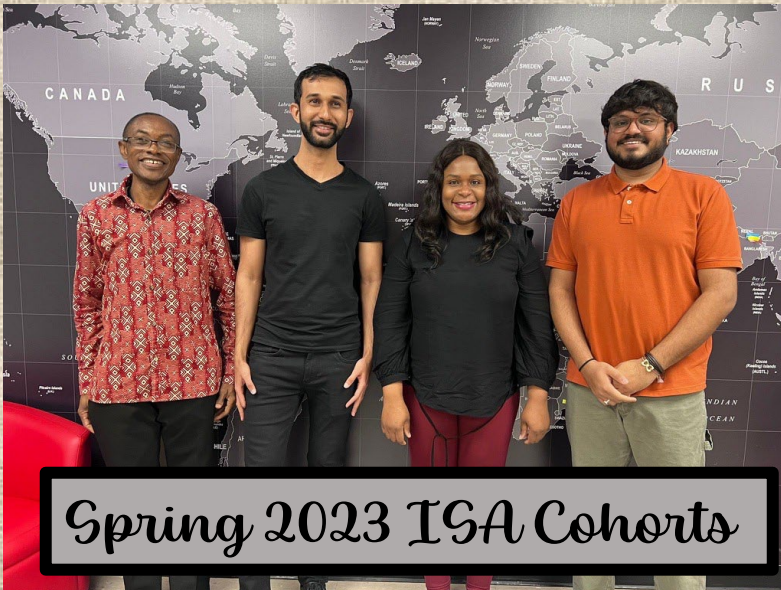
Students are welcome to borrow bikes from Canadore College and enjoy themselves over the summer.

All are welcome to walk into our International office.

- College Drive Campus: room C210
- Commerce Court: E101
- Aviation Campus: Y119

Students are also welcome to book virtual appointments through [the iCent App](#).

Students are welcome to reach out to the International Office by emailing to international@canadorecollege.ca



*(From Left to Right:
Lucio Dery, Rishi Gohil,
Adaure Edede Ekpere,,
Chinmay Patel)*

Our team also includes a group of current students hired as **International Student Ambassadors**.

Note we hire this group of students every couple of semesters.

The next International Student Ambassador could be you! Keep an eye on the Centre for Career Development's webpage for job postings: <https://www.canadorecollege.ca/corporate/centre-for-career-development>

Student Success Services



Jill Gear



North Bay and Parry Sound campus registered students are welcome to reach out to our **International Transition, Retention, & Support Coordinators, Jill Gear and Ziyaad Rajabalee**

They work with international students to provide holistic support as they transition into the next stage of their educational journey at Canadore College. Their role is to ensure a smooth transition and a positive academic experience for all international students, by enhancing the learning experience and overall well-being

Students can book individual appointments with Jill and Ziyaad for transition and acculturation support, success coaching, and to develop effective learning strategies that support academic, social, emotional, and mental growth.

Email Jillian.Gear@canadorecollege.ca or Mohammad.Rajabalee@canadorecollege.ca scan the QR code below to connect with Jill and Ziyaad.



Ziyaad Rajabalee





Ways to access healthcare in Canada

Students suffering from **minor illnesses** such as sore throats, runny noses, colds, coughs, flu, mild fevers, minor rashes, skin irritations, and so on can visit the **North Bay Campus Health Centre or Community walk-in clinics**. Students are asked to go to the hospital's **emergency room** if they have a **serious illness or injury**, such as broken bones, a bad cut, or excessive bleeding.

All International Students at Canadore College benefit from inclusion in a health insurance plan. For the health and safety of our students and community this is mandatory and included as part of international students' ancillary fees. All International Students at Canadore College - **North Bay and Parry Sound Campuses** benefit from inclusion in a health insurance plan with **[Guard.me](#)**, a leading provider of health insurance services to international students.

"Every Canadore College international will have received their health insurance information with automatic email notification approximately 10 calendar days after the beginning of the Spring 2023 semester."

Health Insurance Support:

For all questions and concerns related to health insurance at Canadore College North Bay, please contact **International.Insurance@canadorecollege.ca**

Canadian Multiculturalism Day

The Multiculturalism Act was passed in Canada in 1988. This Act recognizes Canada as a country established on values such as multiculturalism, diversity, and respect for newcomers.

This event, hosted by the Canadore International Team on July 21, 2023, was a huge success, with both international and domestic student participants.

It was a fantastic opportunity to learn about one another while also celebrating diversity and embracing unity.

It was a fun filled event with dancing to different types of cultural music to learning to break cultural stereotypes.



The above picture was taken at the Canadian Multiculturalism day celebrations at Canadore College (July 2023)

International student spotlight

We reserve this section in each of our newsletters to highlight one of our international student learner who enriches the Canadore college institutional mosaic.

Folashade Oladipo (Shade) is from Kwara State in Nigeria, which is located on the African continent.

The Owu Waterfalls, the highest waterfall in West Africa, are the most exciting aspect of her culturally rich hometown. It is a picturesque location surrounded by lush vegetation.

She owns a perfume shop where she sells a wide range of fragrances to both men and women.

She adores North Bay for its scenic beauty and tranquilly, as well as its waterfront. She claims that the locals are very welcoming and friendly.

Shade is very pleased with her international experience and believes that Canadore College is the place to go for a great study experience!



Student Name: Folashade Oladipo (Shade)
Home Country: Kwara, Nigeria
Program: Human Resources Management
Intake: Spring 2023

Canadore is her first study abroad experience, and she is thoroughly enjoying her classes. She describes the professors as friendly and approachable. She refers to her teachers as the best